

# CONSENT FOR TREATMENT

**General Information:** The Bastyr Center for Natural Health (BCNH) is a teaching clinic for students studying at Bastyr University and integrates a number of medical treatment modalities. BCNH uses a ‘Team Care’ approach where faculty supervisors and student clinicians work as a team to address your health concerns. Student clinicians, depending on their levels of experience, may observe or participate in the care provided but are always supervised by healthcare providers licensed in the State of Washington. Your medical history, treatment plan and progress is discussed (without identifying information) among other student clinicians for educational purposes at the clinic and evaluated by the supervising faculty for appropriateness and effectiveness. Due to the diversity of modalities offered at BCNH, your treatment may include any or all of the following general modalities: East Asian Medicine, Naturopathic Medicine, Physical Medicine, Homeopathy, Psychological Counseling and Nutritional Counseling. Some modalities may be used exclusively on some specialty shifts, but many BCNH clinic teams use multiple treatment modalities. All of our East Asian medical practitioner faculty are licensed in the State of Washington having completed graduate level training and national board certification. Please visit [www.bastyrcenter.org](http://www.bastyrcenter.org) for individual faculty biographies.

**Methods, Procedures and Therapeutic Approaches:** Clinicians may perform any of the following procedures as necessary to give proper assessments, determine treatment approaches, treat or otherwise address your health concerns.

**General Diagnostic Procedures:** including but not limited to venipuncture, pap smears, radiography, and blood and urine lab work, general physical exams, neurological and musculoskeletal assessments.

**Psychological Counseling; Lifestyle Counseling; Exercise Prescriptions**

**Acupuncture:** insertion of special sterilized needles or lancets at specific points on the body.

**Topical Treatments and Prepping:** includes cupping --a technique using glass cups on the surface of the skin with usually a heat-created vacuum; and Gua Sha--rubbing on an area of the body with a blunt, round instrument.

**Herbs/Natural Medicines:** prescribing therapeutic substances which include plants, minerals and animal materials. Substances may be given in the form of teas, pills, powders, tinctures (may contain alcohol); topical creams, pastes, plasters, washes; suppositories or other forms. Homeopathic remedies, often highly diluted quantities of naturally occurring substances, may also be used.

**Dietary Advice and Therapeutic Nutrition:** use of foods, diet plans or nutritional supplements for treatment—may include intramuscular vitamin injections.

**Soft Tissue and Osseous Manipulation:** use of massage, neuro-muscular techniques, muscle energy stretching or visceral manipulation, as well as manipulations of the extremities and spine including traction and craniosacral therapy.

**Electromagnetic and Thermal Therapies:** includes the use of ultrasound, low and high volt electrical muscle stimulation, transcutaneous electrical stimulation, microcurrent stimulation, diathermy and infrared and ultraviolet therapies or moxa (warming or indirect burning of an acupuncture point and hydrotherapies.)

**Potential Risks:** While not common, can potentially occur from any therapy. Some examples include but are not limited to: pain, discomfort, blistering, discolorations, infection, or burns from topical procedures, heat or frictional therapies, electromagnetic- and hydrotherapies; loss of consciousness or deep tissue injury from needle insertions or needle breakage; allergic reactions to prescribed herbs or supplements; soft tissue or bone injury from physical manipulations; and aggravation of pre-existing symptoms. In addition, the patient must inform the East Asian medicine practitioner if the patient has a severe bleeding disorder or pacemaker prior to any treatment.

**Potential benefits:** Restoration of health and the body’s maximal functional capacity, relief of pain and symptoms of disease, assistance in injury and disease recovery and prevention of a disease or its progression.

**Notice to Pregnant Women:** All female patients must alert the doctor if they know or suspect that they are pregnant, since some of the therapies used could present a risk to the pregnancy. We do not use labor-stimulating acupuncture points or any labor-inducing substances unless the treatment is specifically for the induction of labor. A treatment intended to induce labor requires a letter from a primary care provider authorizing or recommending such a treatment.

I understand that I may ask questions regarding my treatment before signing this form and that I am free to withdraw my consent and to discontinue participation in these procedures at any time. With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by the Bastyr Center for Natural Health or any of its personnel regarding cure or improvement of my condition. I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by my representative or me or otherwise permitted or required by law.

**I hereby acknowledge that I am financially responsible for services rendered.**

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Guardian/Personal Representative’s Name (PRINT)

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Patient’s Name (PRINT)

\_\_\_\_\_  
Guardian/Personal Representative’s Signature

\_\_\_\_\_  
Patient’s Signature

\_\_\_\_\_  
Relationship/Representative’s Authority

\_\_\_\_\_  
Date